

Autism & Self-Regulation: Facilitating Participation at School and in the Community

- Monarch Free Webinar Series -

OVERVIEW: The goal of this webinar is to increase knowledge of the developmental continuum as it relates to self-regulation, through sensory processing, emotional regulation and executive functioning skills. With this knowledge, caregivers and educators can utilize teaching tools to promote a child's engagement in meaningful life activities. This course will be led by pediatric occupational therapists who specialize in identifying the strengths and barriers of children with autism, in order to target outcomes for self-regulation across environments. The presentation will include information regarding:



- The Self-Regulation Model (developed by Anna Greenspan at Monarch Center for Autism) and the building blocks of the developmental continuum
- Effectively building skills to support children with autism in managing their feelings, emotions and thoughts to foster participation in their learning and working environments

DATE: Thursday, February 20, 2020

TIME: 3-4pm EST

LOCATION: Online

PRICE: Free

REGISTRATION: Please visit <http://www.monarchcenterforautism.org/events>

PRESENTERS:



Anna Greenspan, OTR/L,
Director of the
Occupational Therapy
Department at Monarch
Center for Autism



Alexandra Schriefer, OTR/L,
Occupational Therapist
at Monarch Center for Autism



Sarah Dean, OTR/L,
Occupational Therapist
at Monarch Center for Autism

Presenters:



Anna Greenspan, OTR/L is the Director of the Occupational Therapy Department at Monarch Center for Autism in Cleveland, Ohio. She has been employed at Monarch for 20 years, overseeing treatments and IEPs of more than 160 students each year, and collaborating with an interdisciplinary team of professionals. She was a guest lecturer at John Carroll University and presented on the topic of sensory supports for the Cuyahoga Community College Occupational Therapy Assistant Program. She also guest lectured for The Autism Mini Series presented by Cleveland Clinic. Anna also presented at Milestones Autism conference and Ohio Occupational Therapy conference on the topic of autism and the community, and she hosted a webinar on participating in the community through the Desensitization Approach. She is also involved in adapting environments to promote participation of children with autism in everyday activities. One of her recent projects was to create a sensory room for The Children's Museum of Cleveland.



Alexandra Schriefer, OTR/L earned her Bachelor of Health Sciences, Minor in Special Education and Master of Science in Occupational Therapy from Duquesne University in Pittsburgh, PA. As an occupational therapy major, Alexandra co-founded the START-Play Club, which focused on adapting toys for students with disabilities, and she spent time at Duquesne University working as a student researcher in the Infant Development Lab for the International Conference on Infant Studies. Her initial occupational therapy fieldwork experiences began in outpatient pediatrics, long term acute care, inpatient rehabilitation, and skilled nursing. Upon moving to Cleveland, OH in 2017, she joined the occupational therapy team at Monarch Center for Autism. Her current clinical practice includes both school-based and acute care, as she spends her off-time working at University Hospital Ahuja Medical Center. She has completed AOTA's Fieldwork Education Certificate Program and co-presented with a Speech Pathology colleague at a Special Education Conference in Chicago, IL regarding the area of Augmentative and Alternative Communication.



Sarah Dean, OTR/L earned her Bachelor of Liberal Arts with a Concentration in Human Occupations Studies, Minor in Gender and Diversity Studies and Master of Occupational Therapy from Xavier University in Cincinnati, Ohio. During her time in Cincinnati, Sarah served as the Adaptive Aquatics Specialist for Cincinnati Recreation Commission's Department of Therapeutic Recreation. Sarah began her pediatric occupational therapy experience at Cincinnati Children's Hospital Perlman Center with a focus on assistive technology. She continued her occupational therapy career in Cleveland, Ohio where she joined Monarch Center for Autism's Occupational Therapy Department in March 2018. In addition to her practice in the school-based setting with a specialization on children with autism, Sarah also currently works in the adult acute care setting at University Hospitals Cleveland Medical Center. Sarah furthers her involvement with children in the community, by serving as a childcare volunteer at Providence House, a crisis nursery that protects at-risk children and supports families throughout Cleveland.