

# Countdown to School

(from alphamom.com)

NOT-SO-ENDLESS SUMMER

# COUNTDOWN

TO THE FIRST DAY OF SCHOOL

NAME: \_\_\_\_\_ NEW GRADE: \_\_\_\_\_  
SCHOOL NAME: \_\_\_\_\_ START DATE: \_\_\_\_\_

**1 DAY UNTIL SCHOOL!**  
15 EXTRA MINUTES OF FUN (YOU CHOOSE) AND GO TO BED 5 MINS EARLIER THAN YESTERDAY

**2 DAYS UNTIL SCHOOL!**  
15 EXTRA MINUTES OF SCREEN TIME AND GO TO BED 5 MINS EARLIER THAN YESTERDAY

**3 DAYS UNTIL SCHOOL!**  
EXTRA TREAT TODAY AND GO TO BED 5 MINS EARLIER THAN YESTERDAY

**4 DAYS UNTIL SCHOOL!**  
15 EXTRA MINUTES OF FUN (YOU CHOOSE) AND GO TO BED 5 MINS EARLIER THAN YESTERDAY

**5 DAYS UNTIL SCHOOL!**  
15 EXTRA MINUTES OF SCREEN TIME AND GO TO BED 5 MINS EARLIER THAN YESTERDAY

**6 DAYS UNTIL SCHOOL!**  
EXTRA TREAT TODAY AND GO TO BED 5 MINS EARLIER

**7 DAYS UNTIL SCHOOL!**  
STOCK UP ON FUN SCHOOL SUPPLIES

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