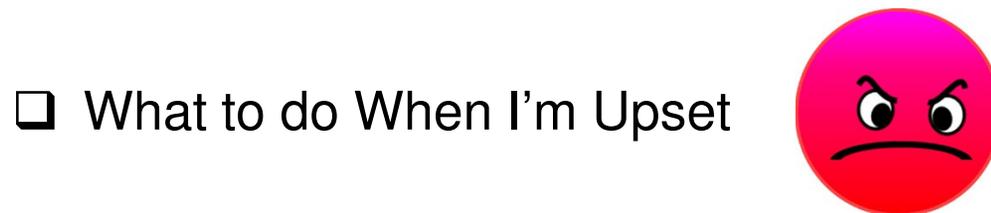


Sample Social Stories





Fire Drill

Today we will have a fire drill at 9:30 am. My teachers are here to help me and show me what to do. Sometimes the fire alarm can be loud. At my school, the fire alarm is quiet and the siren is replaced with a person's voice. I will see blinking lights in the hallway. If they make me nervous, I can ask my teachers about them. My school practices fire drills to keep students and teachers safe in case there's a real fire. I will participate in the fire drill and show my teachers I know what to do to stay safe.



Lock Down Safety Drill

Lock down safety drills are important to practice for the safety of students and teachers in the building. During a lock down drill, the door is locked so no intruders can come inside. The window of the door is covered with paper to keep us out of sight.

During the drill, I need to act quickly and quietly. All moveable objects in the room will be moved to barricade the doorway: desks, room dividers, chairs. This is for my safety and the safety of the class and teachers.

I can quietly help push the objects to barricade the door OR I can quietly hide in the place my teacher designates for me.

It's important to follow these rules so I can practice keeping everyone in the room safe.



Participate in a New Program

Today at 1:30 pm I will be a trying a new program at school. It is called [insert name here]. It will teach me new skills that I need to be more independent in life. I will be introduced to fun activities called Activities of Daily Living and complete tasks such as washing and folding clothes. I will also play games in a social group with peers my age.

I can choose to be friendly and talk to peers, or if I feel nervous, I can let them know I don't feel like talking right now. New faces can make me nervous, anxious or excited. Teachers will be there with me so I can ask for help whenever I need it. I will do my best and ask teachers if I have any questions.



Van/Bus Safety

I ride in the van/bus with [insert name of driver here] every day. Sometimes the music is on, sometimes the music is off. I can ask [insert name] politely to make the radio louder or quieter. Sometimes the other people in the van want it to be quiet. When the radio is turned off, I can sit quietly or talk to [insert name].

[Insert name] drives me home every day. We pull into the driveway and mom comes out to walk me inside. I will stay in the van/bus until mom comes out. Sometimes mom is late. I can talk with [insert name] while I wait for mom or I can wait quietly. It is important that I am safe in the van/bus. I will make good choices in the van/bus.



What to do When I'm Upset

Sometimes it's hard to complete tasks when I am upset. At the end of the day I might be upset if I had a stressful day. If I'm upset, I can ask to talk to a teacher about what's bothering me. Or, I can politely keep to myself and say that I don't feel like talking.