



Increasing Developmental Assets and  
Building Resiliency in Children with Autism



Support

Empowerment

Boundaries/Expectations

Constructive Use of Time



### **Support**

Children are surrounded by people who love, care for, appreciate, and accept them

1. **Family Support**
2. **Positive Family Communication**
3. **Other Adult Relationships**
4. **Caring Neighborhood**
5. **Caring School Climate**
6. **Parent Involvement in Schooling**



### **Empowerment**

Children feel safe at school and at home, as well as the perception of being valued and appreciated

7. **Community Values Youth**
8. **Youth as Resources**
9. **Service to Others**
10. **Safety**



### **Boundaries and Expectations**

Children feels they must abide by boundaries at home, school, and in their community

11. **Family Boundaries**
12. **School Boundaries**
13. **Neighborhood Boundaries**
14. **Adult Role Models**
15. **Positive Peer Influence**
16. **High Expectations**



### **Constructive Use of Time**

Children are involved in outside activities like clubs, music, athletic, art or religious groups

17. **Creative Activities**
18. **Youth Programs**
19. **Religious Community**
20. **Time at Home**



**Commitment  
to Learning**

**Positive  
Values**

**Positive  
Identity**

**Social  
Competencies**



### **Commitment to Learning**

Children care about school and appreciate learning new things

- 21. Achievement Motivation
- 22. School Engagement
- 23. Homework
- 24. Bonding to School
- 25. Reading for Pleasure



### **Positive Values**

Children try to be honest, respectful of others, and try to help others in their community

- 26. Caring
- 27. Equality and Social Justice
- 28. Integrity
- 29. Honesty
- 30. Responsibility
- 31. Healthy Lifestyle



### **Social Competencies**

Children try to express their feelings, try to establish relationships, and find positive ways to deal with hardships

- 32. Planning and Decision Making
- 33. Interpersonal Competence
- 34. Cultural Competence
- 35. Resistance Skills
- 36. Peaceful Conflict Resolution

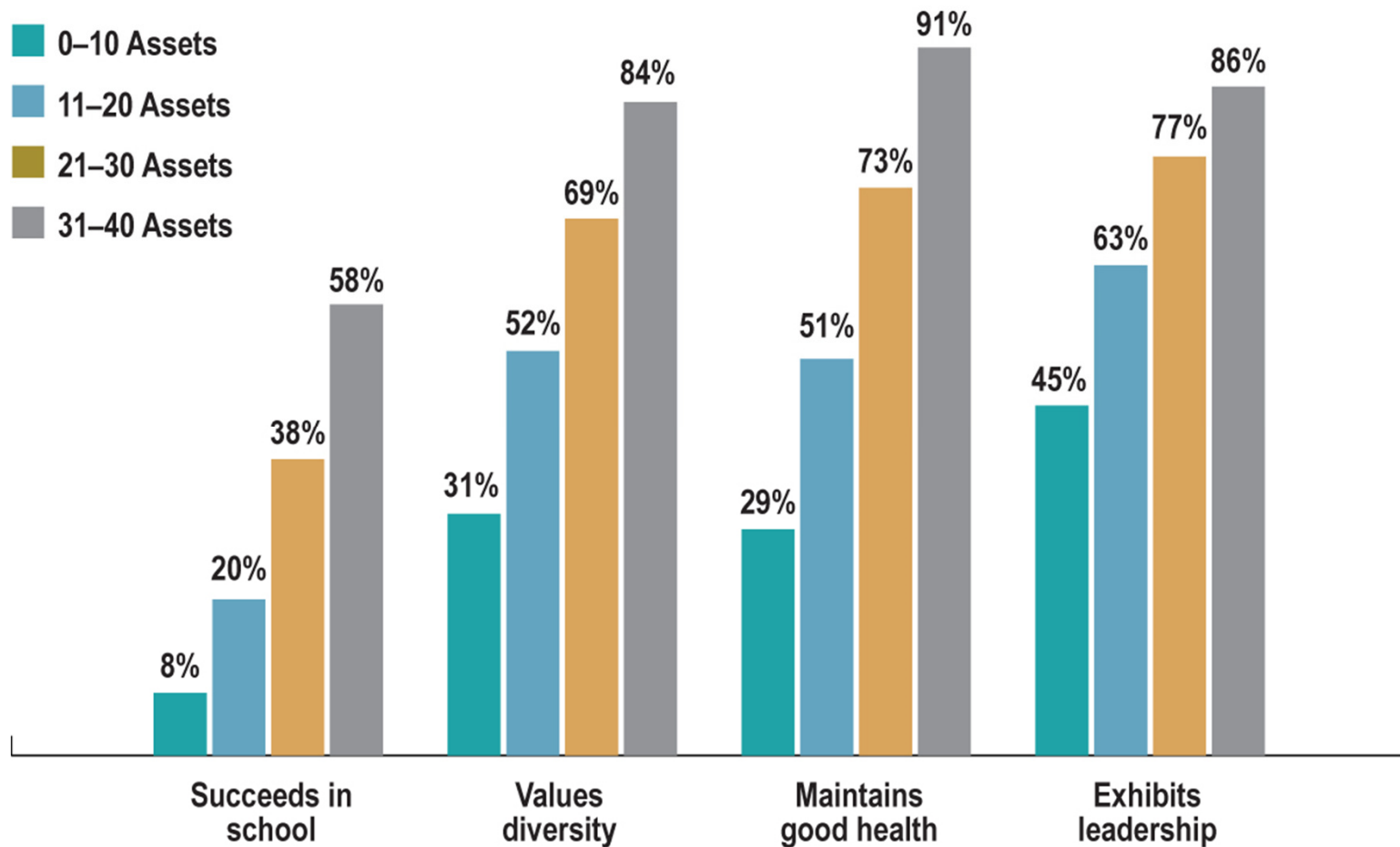


### **Positive Identity**

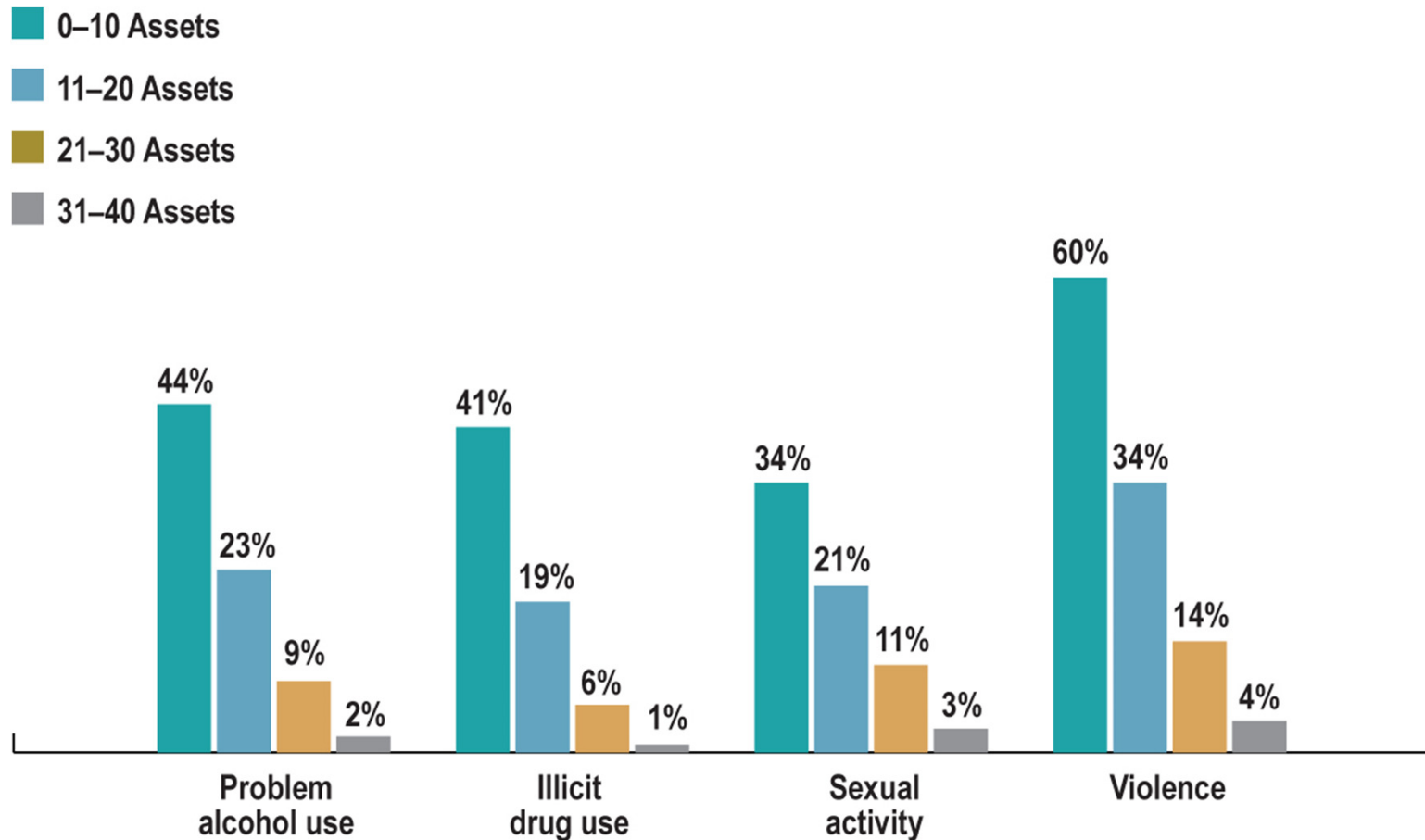
Children develop a sense of self worth.

- 37. Personal Power
- 38. Self-Esteem
- 39. Sense of Purpose
- 40. Positive View of Personal Future

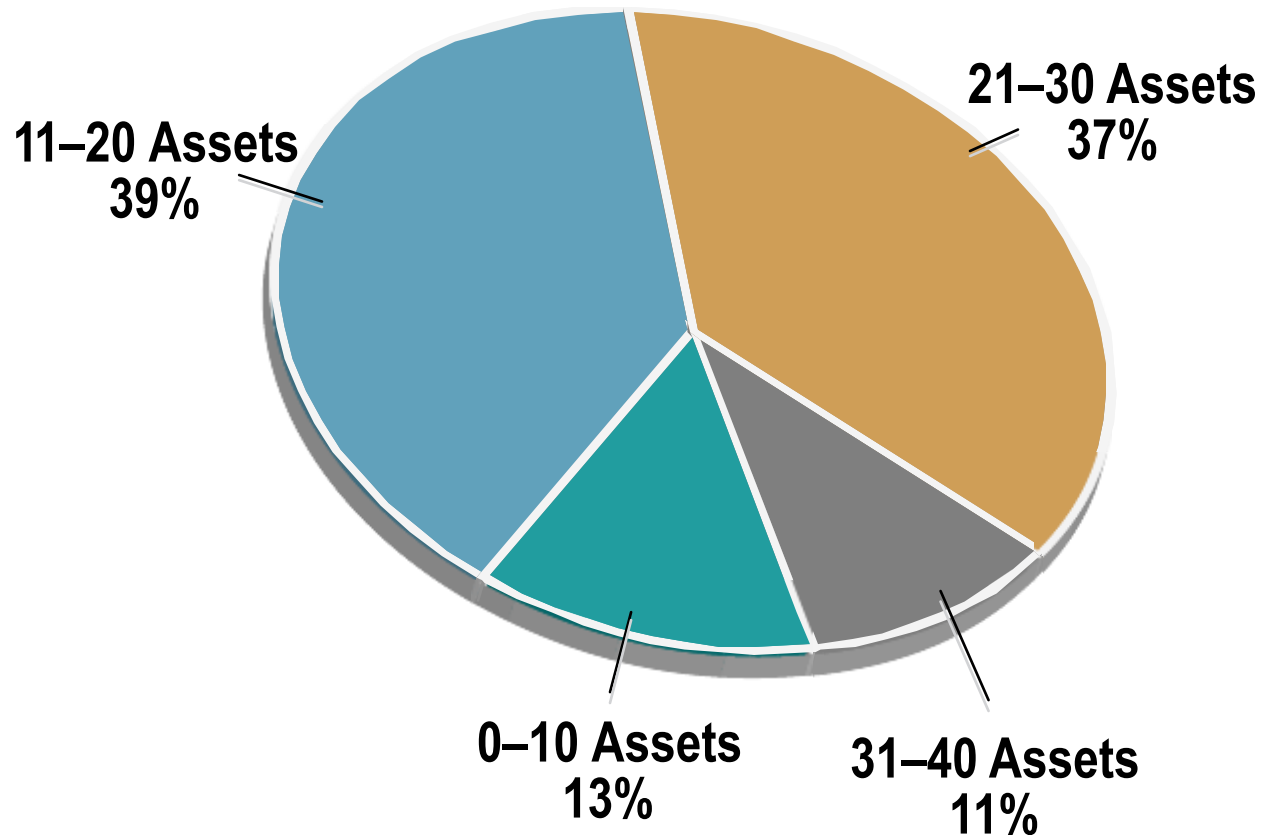
# The Power of Assets



# The Power of Assets



# Youth with Different Levels of Assets





# RESILIENCE.

This, too,  
shall pass.



**The capacity to cope and be strengthened by adversity while retaining a positive sense of self**

# Do Relationships Matter?

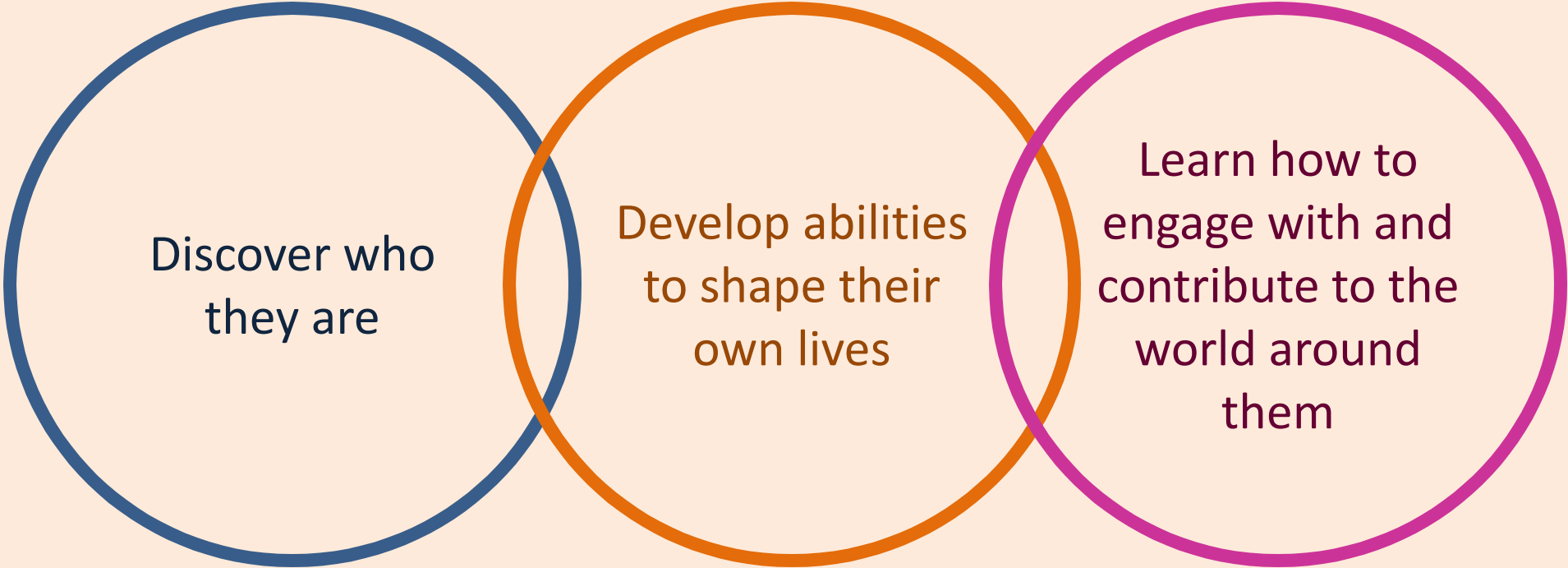
**People, not programs, change people.**

**-Bruce Perry**



Think, Understand, Communicate, Behave,  
Express Emotions, Solve Problems, Build  
Confidence, Build Resilience

# Not Just *Any* Relationship!



Discover who  
they are

Develop abilities  
to shape their  
own lives

Learn how to  
engage with and  
contribute to the  
world around  
them

# On Purpose Action!

- Clearly Articulated Actions
- Dedicated Time and Resources
  - Training and Feedback



Teaching  
Resilience  
With  
PBIS

### **Tier 3**

Assessment and individual planning

3

### **Tier 2**

Administrative and classroom interventions

2

### **Tier 1**

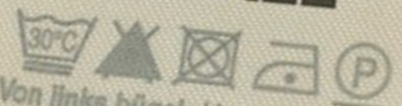
Universal school- wide expectations and effective  
classroom

1



F I GB USA MEX

**ONE SIZE  
DOES NOT  
FIT ALL**



Von links bügein/ Iron inside out/  
repasser sur l'envers / 只抽與反面



A FIRE

TO BE

LIT

A lit sparkler is shown on the left side of the image, with a bright, glowing center and numerous sparks radiating outwards. The background is a dark, gradient grey. The text is overlaid on the right side of the image.

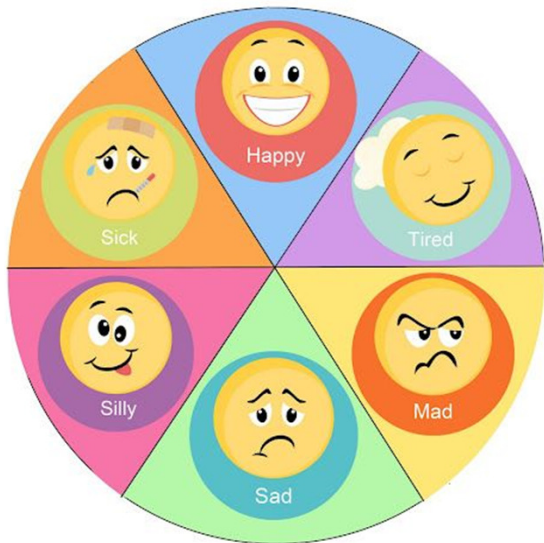
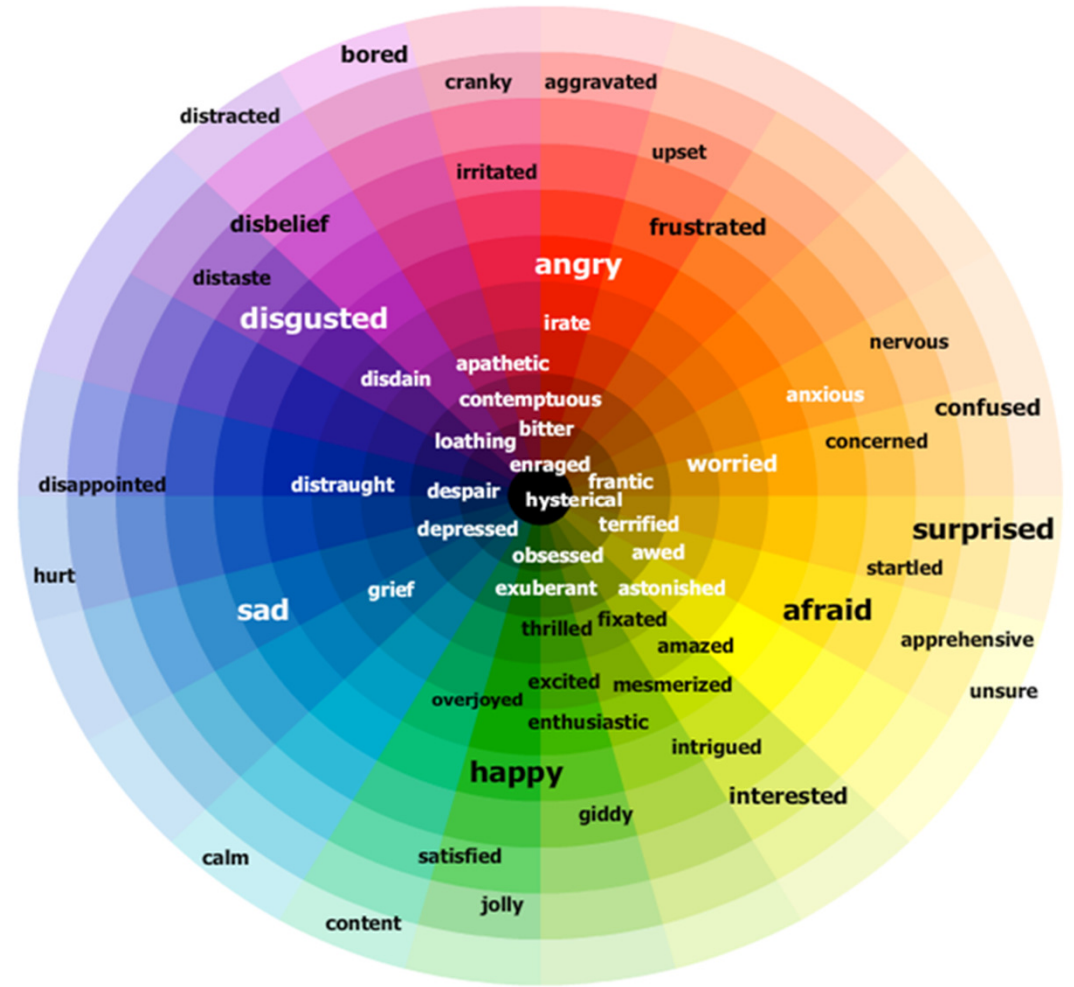
# A Thriving Formula

1 Spark + 3 Champions +  
Opportunity



# Express Care

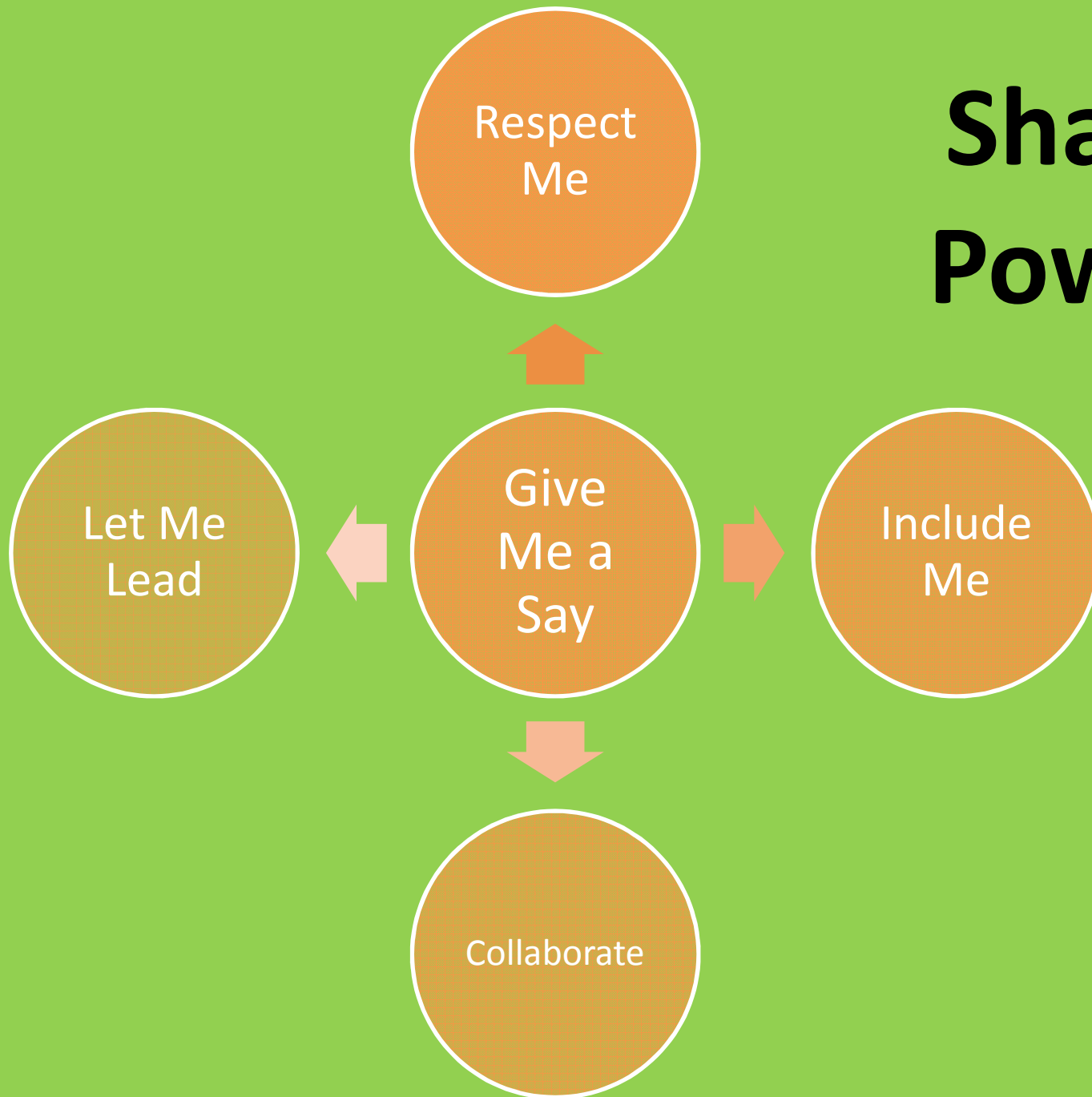






**Humor**

# Share Power





**COMPROMISE**

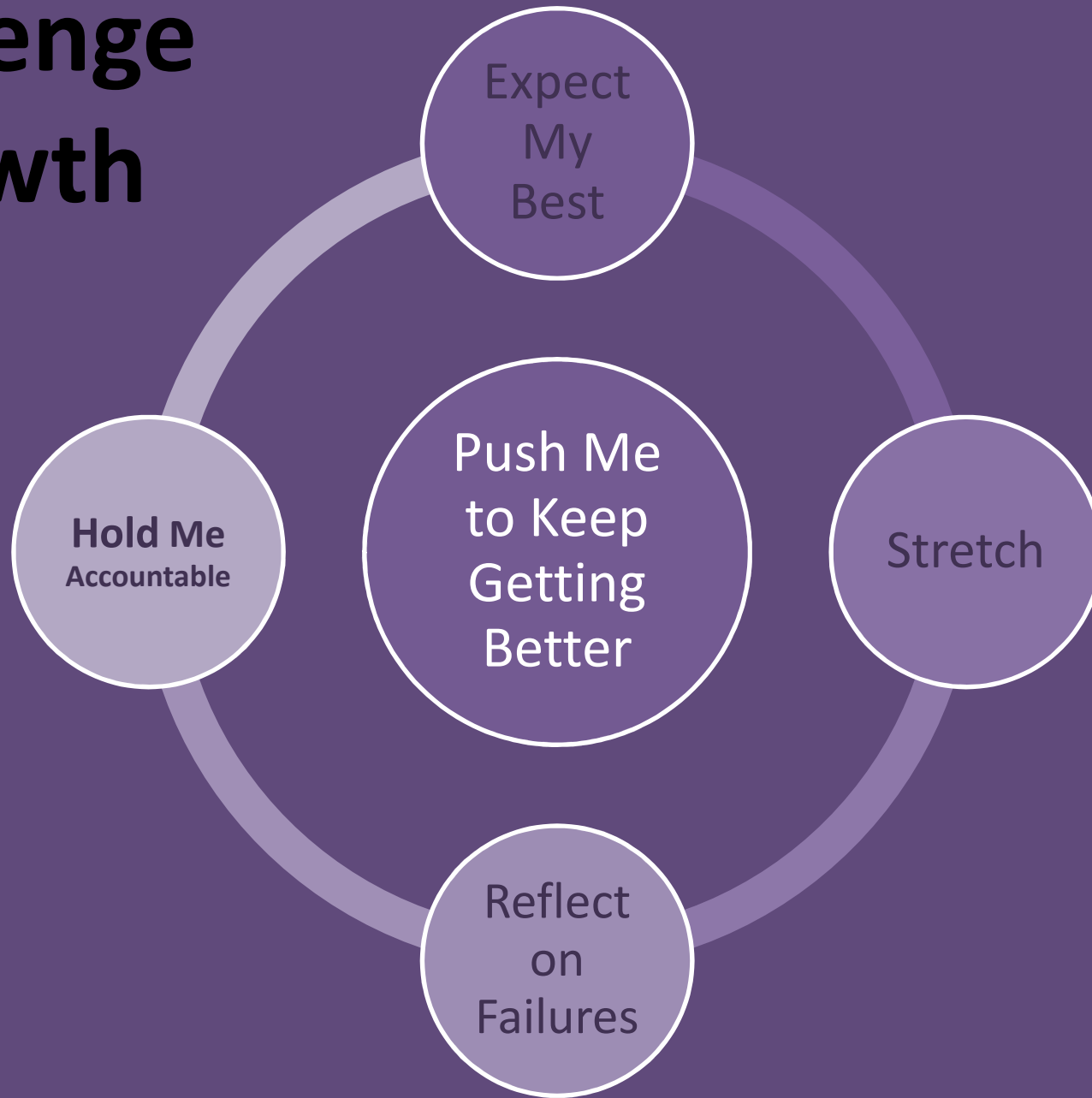
# Set Boundaries Together

**NOT  
OK**



**OK**

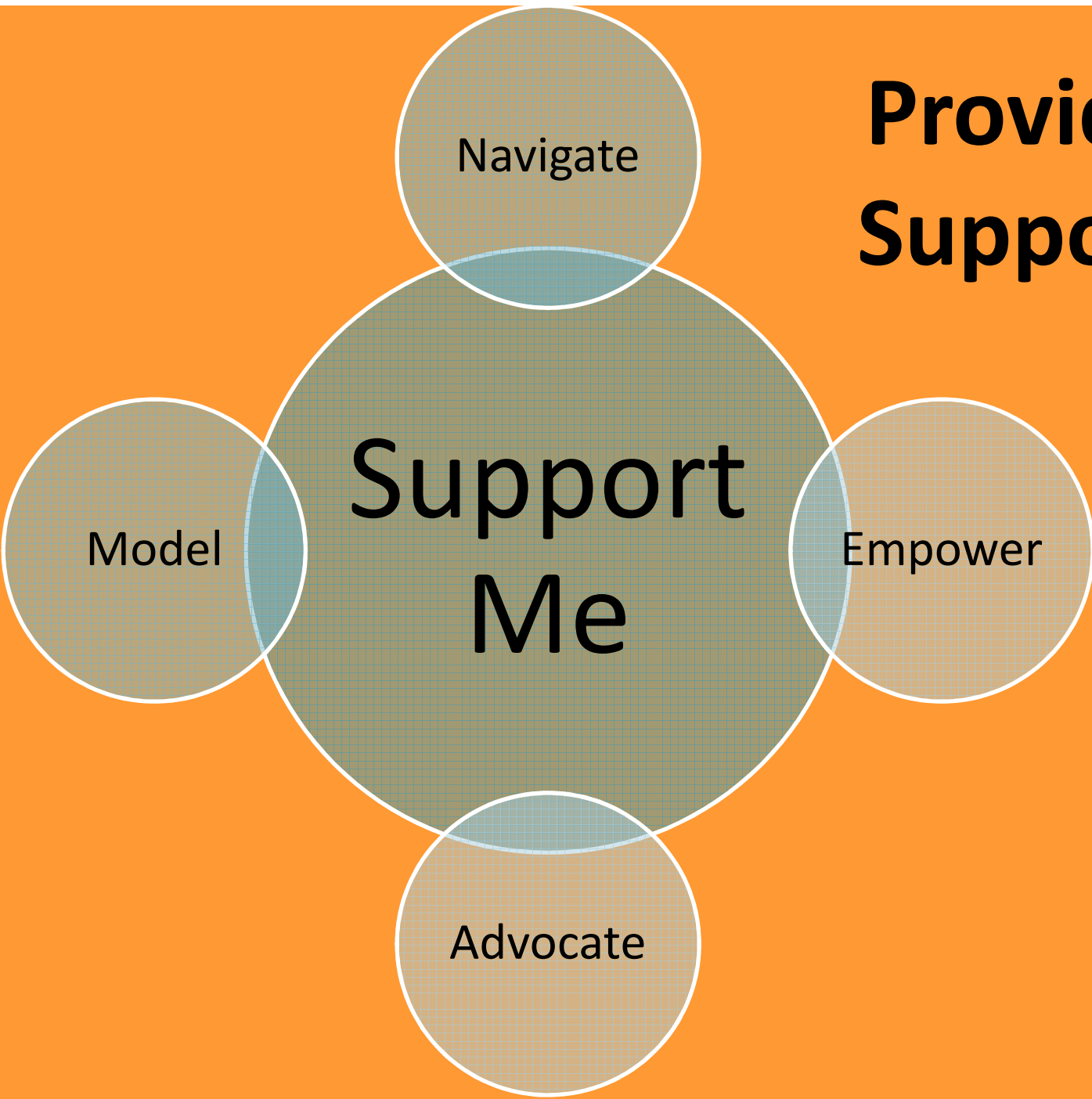
# Challenge Growth







# Provide Support



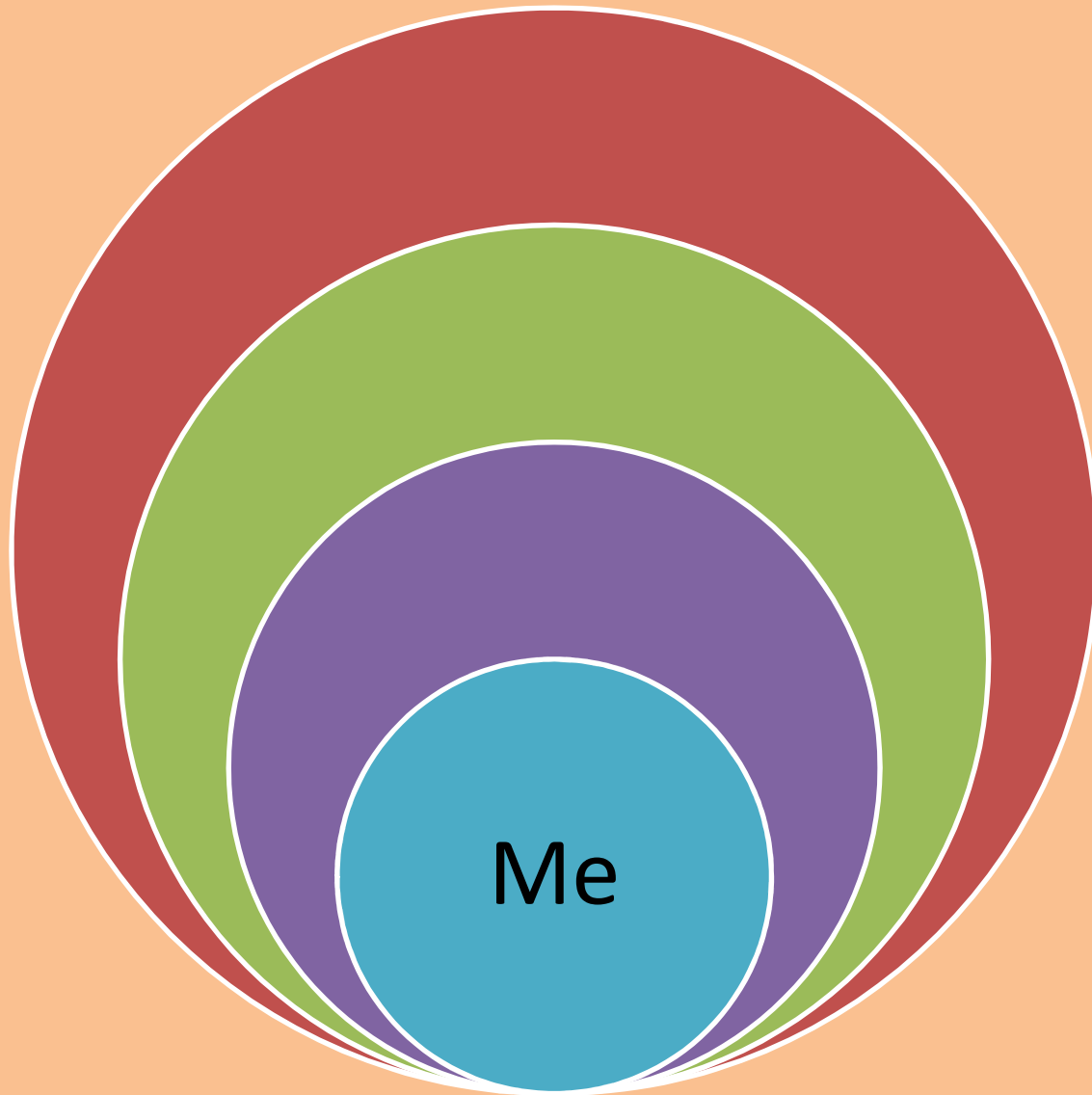
Navigate

Support  
Me

Empower

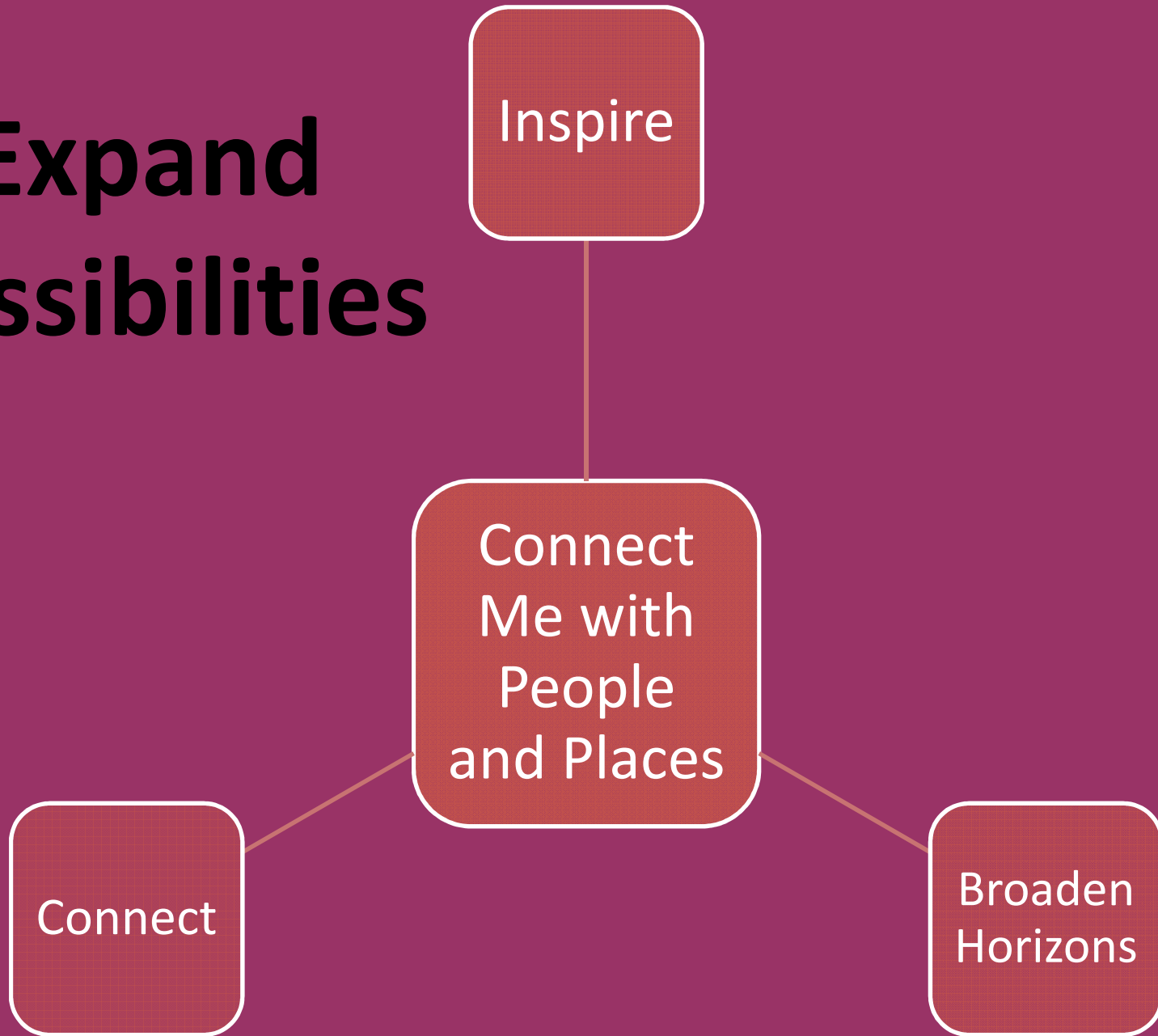
Advocate

Model



**The  
Supports  
Around  
You**

# Expand Possibilities



# Connect





### Support

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### Commitment to Learning

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### Empowerment

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### Positive Values

Children try to be honest, respectful of others, and try to help others in their community



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### Constructive Use of Time

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### Positive Identity

Children develop a sense of self worth.

